

# VYVO™ WATCH

LITE EDITION



# 1

## VYVO™ WATCH LITE EDITION

Welcome to a new era of VYVO™ devices.

VYVO™ WATCH represents an elevated vision of what a personal monitoring device must accomplish.



Equipped with a new set of cutting-edge clinical-grade sensors, VYVO™ WATCH is capable of conducting even more detailed measurements. The device presents its user with a broader range of detailed, actionable analysis and vital information. It provides easy-to-understand data, as well as comprehensive reports with its companion app VYVO™ Smart from your smartphone. These features allow your VYVO™ WATCH to keep up with your lifestyle, with continuous, real-time monitoring of your most important vital signs and parameters.



Moreover, thanks to the addition of a new Air Quality monitor and Noise Recognition functions, VYVO™ WATCH can now inform and warn its user about the conditions of their surrounding environment. If the air you are breathing is unhealthy, or if the noise levels you are exposed to are harmful, VYVO™ WATCH will let you know.

VYVO™ WATCH empowers you to take better care of yourself; all you have to do is wear it, and live your best life.



**Step up into a new you.  
Your Wellbeing maximized.**

# ULTRA-THIN DESIGN + ELEGANT STYLE = **THE NEW STATUS SYMBOL FOR YOUR LIFESTYLE**

Starting with the first-generation devices, VYVO™ reinvented and improved their smartwatch concept by redesigning their devices with the future in mind. With its core built with the most advanced wearable technology on the market, its innovative design lends itself to display an outside that embraces the pursuit of perfection the screen, outlining its elegant design to fit discreetly and comfortably on your wrist.

The curved surfaces incorporate the multi-function button well into the ultra-thin design.



VYVO™ WATCH wants to become an integral part of every customer's life, being an ideal companion even in the looks department.

Thanks to its varied color options, whatever your style choices are, VYVO™ WATCH fits your taste perfectly and adds those finishing touches to your outfit with a bit of classy flair.

# 2

## TOP OF THE VYVO TECHNOLOGY



### ULTRA SLIM DESIGN

Only 7 mm to enclose and protect all the power of this technological gem. Elegant, discreet and modern.

### 10 DAYS+ EXTENDED BATTERY LIFE

- Activity tracking mode: 10+ days tracking.
- Full recharge in 120 Minutes.



### SMART ALERT AND GUARDIAN

Help Vibration alerts notify you of running prompts, activity tracking milestones, and various smart notifications, like a reminder to take your supplements or medication. Smart Warning alerts you with a vibration when your bio-parameters: HR, BP are out of range.



### IP68 SWIMPROOF

With waterproof IP68 (50m), you can wear your device and swim whether you are in a pool or open water.

Thanks to the swimming pool stroke count and pool distance, you can take your swimming to a whole new level and monitor your progress and performance in detail.

The water resistance performance of the device is not permanently binding; it may diminish as time passes. The device can be worn while washing hands, rain or swimming in shallow water, but does not support hot water showers, diving, surfing, deep submersion, etc.



# KNOWING YOUR HEALTH IS KNOWING YOURSELF.

Wearing VYVO™ WATCH every day allows you to have a seamless and continuous monitor, that records and analyzes resting and exercising heart rates, Blood Pressure estimation, breath rates, and energy levels.

## 24/7 BIOMETRICS RECORDING

VYVO™ WATCH can continuously and seamlessly monitor your Biometrics around the clock, 24 hours a day. With the real-time transmission of recordings and advanced algorithms to polish and analyze your heart rate signal and data continuously, you can rest comfortably, knowing that all your vitals are being analyzed and stored safely.



## CONTINUOUS ATRIAL FIBRILLATION DETECTION

VYVO™ WATCH uses PPG technology with high-frequency sampling to collect an accurate pulse waveform, which then is subjected to detailed data analysis and processing using medical algorithms to identify potential atrial fibrillations.

## MOOD AND ENERGY MONITORING

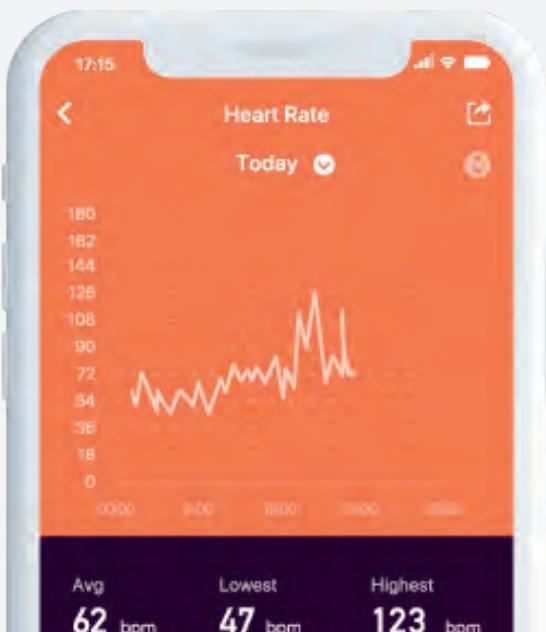
Learn more in-depth about what affects your daily physical state and mood.

VYVO™ WATCH monitors your energy level and disposition by analyzing your Stress and Mood levels. When you are equipped with this knowledge, you can easily take the needed actions (exercises, take supplement, pursue joyful activities, rest or meditate) to increase your mood and energy, and reach a healthful lifestyle that will empower every goal you set for yourself.



## MEDITATION TRAINING

Stress is perhaps people's number one enemy in this century and finding ways to minimize it is the basis of living a better life. Increasingly, people are not doing enough to manage their stress. Meditation Training allows you to train your mind to reach a calm state that helps you to effectively combat your anxiety and stress. It alleviates dealing with stressful situations by aiding you in nurturing a more effective mental disposition. Enter the next generation of wearables, aimed at helping users find their calm amidst the chaos that often can be our modern lives.



## DYNAMIC HEART RATE MONITOR AND HRV ANALYSIS

Indicates your heart rate range and fatigue status and detects critical abnormalities.

- Real-time dynamic and continuous heart rate with atrial fibrillation detection.
- Heart rate zones.

## SpO<sub>2</sub> MEASUREMENT

Thanks to innovative clinical-grade sensors, VYVO™ WATCH is a pulse oximeter, and it can measure the peripheral oxygen saturation (SpO<sub>2</sub>) level with a non-invasive and safe method. You can continuously monitor the oxygen saturation, and prevent issues related to poor blood oxygenation.

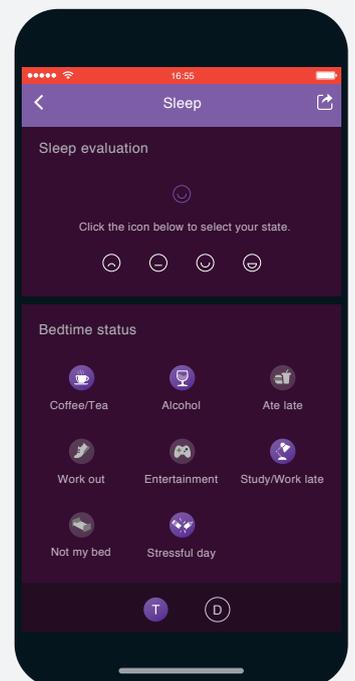


## FALL DETECTION

VYVO™ WATCH detect if you fall and alert your emergency contacts informing them about the situation telling your exact GPS position.

## SCIENTIFIC ASSESSMENT OF SLEEP QUALITY ANALYSIS.

VYVO™ WATCH can track time in light, deep and waking stages of sleep, giving you further insight about your sleep quality, which is deeply related to your overall health and can have a severe impact on your pursuit of better care.





## SLEEP APNEA DETECTION

People with sleep apnea syndrome suffer from complete or partial cessations of breathing during their sleep. It is the most common sleep-related breathing disorder, and recent studies have shown a high prevalence in the general population. Long-term sleep apnea has been shown to increase the risks of developing cardiovascular diseases.

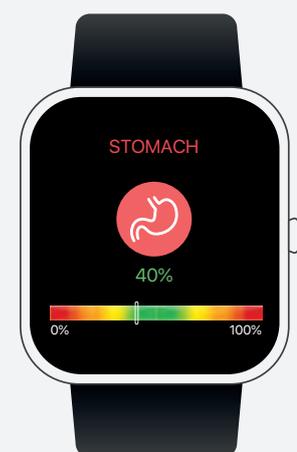
VYVO™ WATCH helps you reduce these risks by continuously monitoring the variation in the SpO2 measurements. This helps identify and track the apnea episodes during sleep. If your blood oxygen saturation level drops below the normal threshold, you will receive a vibration on your wrist that indicates you need to change the sleep position to one that facilitates breathing.



VYVO™ WATCH became an accurate night guard thanks to the pulse oximeters and assists you with understanding what's disrupting your sleep.

## BIAN QUE'S PULSE WAVE DIAGNOSTIC

Check the continuous status of some of your organs and assist you in understanding how to improve your daily lifestyle and live a healthier life.



This feature is based on a unique diagnostic approach of Traditional Chinese Medicine, the examination of twelve meridians: a method to choose an emerging or relatively emerging pulsating vessel that is exemplifying or easy to inspect, among the twelve meridians and the Bian Que's exclusive pulse examination of the inch opening (wrist pulse). The result of the Diagnostic is for personal evaluation only, and it cannot be used as clinical diagnostics. Diagnosis can only be conducted by medical personnel or physicians.

Ref. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3942893/>

# 4

## YOU CAN NOW LEARN AND EXCEED YOUR LIMITS!

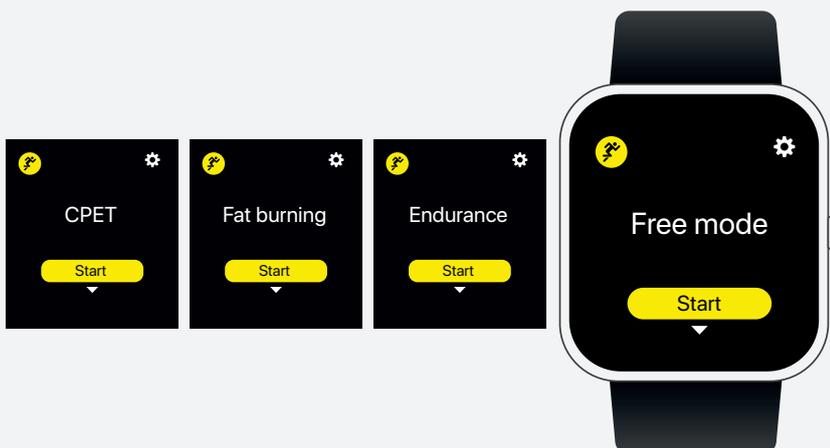
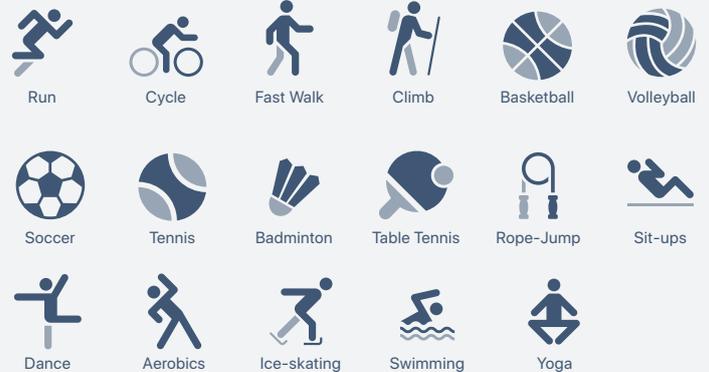


VYVO™ WATCH  
Accurately track all-day activities like steps, calories burned and standing time, and the vibration alert motivates you to move when you've been sitting too long.

### 17+ EXERCISE MODES

17+ Exercise modes to pick from and use according to different goals and measurements.

You can set it to Swimming, Running, and many other modes to see real-time stats while you exercise. With Smart-Track, it detects what activity you are performing.



### 7 RUNNING MODES

Freestyle, distance mode, duration mode, energy mode, fat burning, endurance, and CPET (Cardiopulmonary Exercise Test), choose your running style and enjoy your journey of fitness.



## COLOR-RUN

The screen lights up in rhythm with your pace, and the color display will change based on your heart rate value. Make your running safer, interactive, and more fun.



## AIR QUALITY MONITOR

VYVO™ WATCH utilizes a superb network of public air quality sensors along with Artificial Intelligence Analysis to inform you of the Air Quality Index (AQI) of your surrounding environment.

Protecting your long-term health and decreasing your risk of lung and heart disease, which is made simpler by reducing your exposure to poor air quality.



|  |   |   |   |   |  |
|--|---|---|---|---|--|
| <p>Air Quality Index</p> <p>Enjoy outdoor activities</p> <p>HEALTH RECOMMENDATIONS</p> | <p>Air Quality Index</p> <p>Open your windows to bring clean, fresh air indoors</p> <p>HEALTH RECOMMENDATIONS</p> | <p>Air Quality Index</p> <p>Sensitive groups should reduce outdoor exercise</p> <p>HEALTH RECOMMENDATIONS</p> | <p>Air Quality Index</p> <p>Everyone should reduce outdoor exercise</p> <p>HEALTH RECOMMENDATIONS</p> | <p>Air Quality Index</p> <p>Run an air purifier</p> <p>HEALTH RECOMMENDATIONS</p> | <p>Air Quality Index</p> <p>Wear a mask outdoors</p> <p>HEALTH RECOMMENDATIONS</p> |
|--|---|---|---|---|--|

## ORACLE INDEX

VYVO™'s Artificial Intelligence, the Oracle is able to analyze your wellness and generate personalized and tailor-made solutions to improve and maintain your quality of life. This evaluation is based on the three main components; Technology, Genomics, and a personalized Assessment. All your information serves as essential data to create solutions that adapt and evolve with your current state, representative of your uniqueness and allowing a continued improvement with your own personalized Oracle Report and NutraPak supplement solution. Oracle Index provides you with a daily and constant source information that is easy to understand, tracks your progress, wellbeing, and keeps you engaged on all three aspects that determine your Oracle Index.



## LIFESTYLE INDEX

Lifestyle Index shows you a personalized index that combines all the bio-parameters components monitored by VYVO™ devices: wellness, activity, and mood. With your unique index, you can seamlessly track your lifestyle and improve on all the single components, day by day.

Enjoy the power of knowing the impact of your daily routines with Lifestyle Index.

- Challenge your friends to maintain a better Lifestyle Index.
- Check the global chart of your friends and lead in several challenges.
- Share your results on all the social networks.
- Check the history of your indexes.

## VYVO PAY TECHNOLOGY

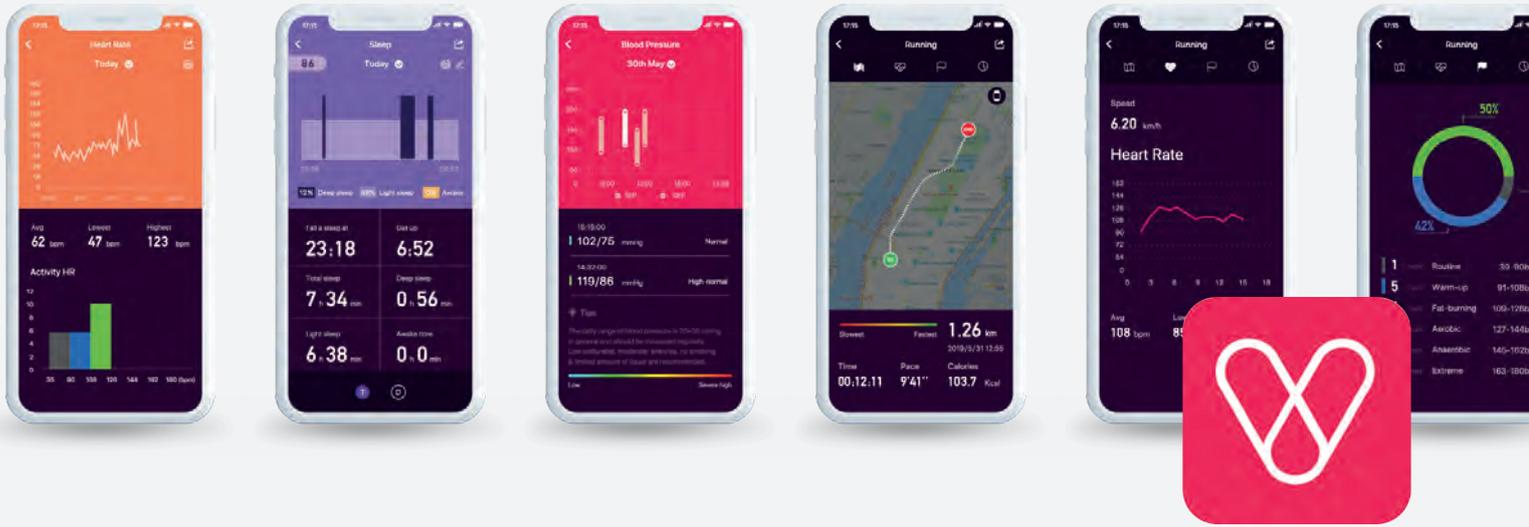
VYVO™ WATCH is equipped with an NFC contactless payment capability to pay quickly at any Wireless Points of Sale. Easy, fast, secure, and convenient, no need to carry your wallet or cards when you go shopping.



## VYVO BLOCKCHAIN TECHNOLOGY

VYVO secures data using Blockchain Technology.

- Using your VYVO™ WATCH every day maximizes your wellness, fitness, and health while also enabling you to get rewarded for the data-blocks your device produces during the time it's on your wrist.
- Your secured Blockchain data forms part of creating the first worldwide blockchain health platform for data exchange in the Healthcare and Medical research sector.



## VYVO™ SMART APP

Our dedicated VYVO SMART App offers you the best path to achieve your health and wellbeing goals, with an A.I. platform that makes it easy to receive and understand the impact of your biometric and vitals data in real-time with a simple click!

All your measurements accessible at any time within your app, always available for you to further understand and monitor your progress. A user-friendly interface allows you to get to all your information quickly, and it also makes it easy to share it with your doctor and your loved ones.

Thanks to the latest development and VYVO™ SMART Subscription program, you are also

able to use two of the most impactful and important function:

**GUARDIAN:** allows you to set alerts to be sent when your measurements are out of normal range, either too high or low. The alerts are sent directly to your loved ones through in-app messages, email, and SMS. Keep your loved ones updated and lets them know if your measurements are not in an appropriate range.

**WeCare:** A fantastic function that allows you to remotely check the wellness of your parents, friends, and loved ones. Allows you to monitor and check their bio-parameters remotely.



|   |                               |
|---|-------------------------------|
| OS System                               | VYVO RTOS 2.0                 |
| G-sensor                                | ✓                             |
| Gyroscope                               | 3 Axis                        |
| MCU                                     | Nordic52840                   |
| RAM                                     | 4M Byte                       |
| ROM                                     | 4M Byte                       |
| Open-API                                | 3.0                           |
| TFT Color screen                        | 1.3" AM-Oled                  |
| Capacitive Full Touch                   | Full touch control            |
| Resolution                              | 240x240                       |
| Battery Life                            | 10+ Days                      |
| Charger                                 | wired base and magnetic cable |
| Metal Case                              | ✓                             |
| Water Proof                             | IP68                          |
| BLE                                     | BLE 5.0                       |
| BP Sensor                               | ✓                             |
| Dynamic HR 24 hours                     | ✓                             |
| Heart rate zones detection <sup>2</sup> | ✓                             |
| HRV - Mood, Energy Meditation           | ✓                             |
| Fall detection                          | ✓                             |

|   |            |
|---|------------|
| Air Quality Monitor & Tips (PM2.5, PM10, SO <sub>2</sub> , NO <sub>2</sub> , CO, O <sub>3</sub> ) | ✓          |
| SpO <sub>2</sub> measurement  | ✓          |
| Apnea Detection   | ✓          |
| Multi-Sport Mode  | 17+ sports |
| Smart-Track   | ✓          |
| Off-hand detection  | ✓          |
| Sleep Monitor and analysis  | ✓          |
| Atrial Fibrillation <sup>2</sup>  | ✓          |
| Pulse Wave Diagnostic <sup>2</sup>  | ✓          |
| Lifestyle Index   | ✓          |
| Oracle Index  | ✓          |
| Measurement Warning (Guardian)  | ✓          |
| Continue Measurement and recording  | ✓          |
| Sedentary reminder  | ✓          |
| NFC VYVO Pay <sup>1</sup>   | ✓          |
| Swimming pool stroke count and pool distance.   | ✓          |
| Color Run   | ✓          |
| Blockchain Technology <sup>1</sup>  | ✓          |
| Messages and Social Push  | ✓          |

NOTES: <sup>1</sup> Not available at the release date

<sup>2</sup> Not available in some countries

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LITE EDITION



**THE EXCELLENCE OF THE VYVO  
IMPROVEMENT IN EVERY  
SHAPE AND FORM**



vyvo™ making  
life wonderful



Designed in Silicon Valley.  
Assembled in China.  
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